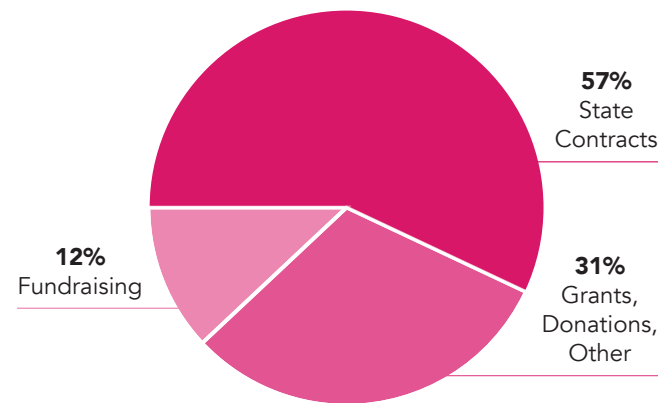
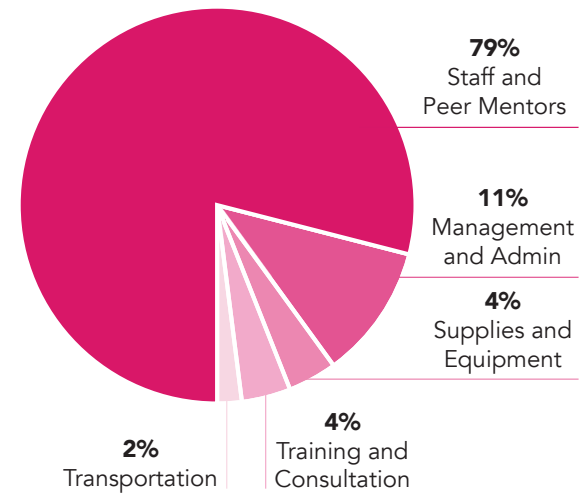


# Financials 2022-2023

## Revenue



## Expenses



Total Operating Budget \$1,297,460

## Thank You to Our Funders

Nancy Altman  
Bain Capital  
City of Haverhill  
Community Foundation for MetroWest  
Cummings Foundation  
Emerson Health  
Essex County Community Foundation  
Mass Behavioral Health Partnership  
Massachusetts Department of Mental Health

Massachusetts Department of Youth Services  
Melrose Wakefield Healthcare - Everett and Malden  
Bruce and Pamela Nardella  
Deborah Munroe Noonan Memorial Fund  
North Shore Community Health Network  
Stevens Foundation  
Sudbury Foundation  
Donna V. Toelke Charitable Foundation  
Peter and Elizabeth Tower Foundation  
Dee and King Webster Fund for Greater Lawrence



The NAN Project Staff

## The NAN Project Advisory Board

Franklyn Bass • Ann Duffy • Frank LoPilato • Kate Markarian • Melinda Matthews • Jennifer Miller • Bruce Nardella  
Gabriel Paci • Rachely Ramos • Jiles Robinson • Canh Vu, MD

The NAN Project, 125 Hartwell Avenue, Lexington, MA 02421 • [www.thenanproject.org](http://www.thenanproject.org)  
The NAN Project is a program of Eliot Community Human Services



# Impact Report

2022-2023 School Year





Dear Friends & Family,



We are pleased to provide you with The NAN Project's Impact Report for the 2022-2023 school year, our busiest and farthest reaching of any, so far. We easily surpassed the ambitious targets for numbers of schools, community presentations and students engaged, reaching more than 12,000 individuals across the Commonwealth.

This report illustrates our growth and expansion over the past year and we are proud of these totals. Yet, the real impact is not in the numbers, but in the young people reached, who due to our brave peer mentors, are able to ask trusted adults for help, support a friend or family member who is struggling, or spread awareness of mental illness and suicide. Breaking down stigma and saving lives by sharing stories of hope and creating space for open discussions are the cornerstones of suicide prevention and the work our team does every day.

This past year our team was able to develop a toolbox of multilingual resources so that English learners can participate in and understand the discussions we have about mental health. We also rolled out a novel new program, our Social Emotional Learning Circles; these peer-led, clinician-supported psychoeducational groups help students who may be struggling and unable to access help.

The upcoming year promises to be a strong one for The NAN Project, but not without the ever-present challenges inherent in this work. Our resources are finite yet the need keeps growing. The NAN Project will continue to stretch in order to engage as many young people as possible in the battle against suicide, but we need your help! Our work is made possible because of you – our board, advisors, funders, partners, donors and supporters. We are so grateful to all of you for the ongoing encouragement and support. You are the wind that fills our sails. Thank you.

Warmly,  
Jake and Ellen



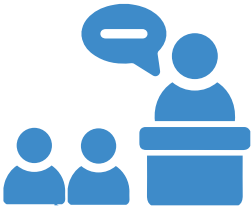
"The NAN Project makes me feel supported, understood, and grown."  
- A peer mentor

# A Year of Impact

The NAN Project works to promote mental health awareness and suicide prevention programs for young people, using a peer-to-peer model.



**10,000  
STUDENTS  
REACHED**



**PROGRAMS  
PRESENTED  
AT 75 SCHOOLS**



**5 TRAININGS  
WITH 27  
NEW PEER  
MENTORS**

held in Lynn, Lawrence,  
Brockton and Lexington,  
with one in Spanish.



**2,000  
STAKEHOLDER  
CONNECTIONS**



**PRESENTED 6-WEEK SOCIAL  
EMOTIONAL LEARNING CIRCLE (SEL)  
CURRICULUM TO 6 STUDENT GROUPS**

With SEL Circles, students develop coping skills and receive extra support in a small-group setting.

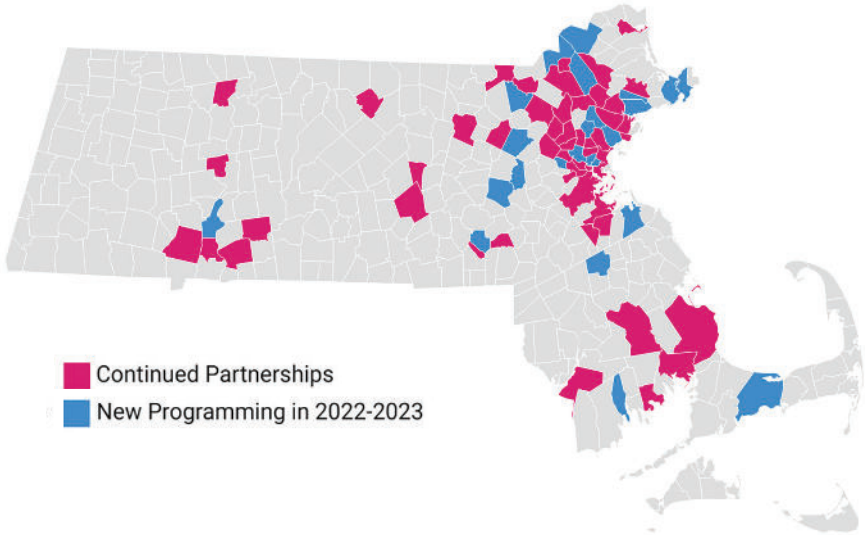


**STUDENTS IN 50 CLASSROOMS  
ACCESSED PRESENTATIONS USING  
TRANSLATED TABLETS**

Our programming was made available in Arabic, Chinese, Haitian-Creole, Khmer, Portuguese, Spanish and Vietnamese.



"I wish someone had come into my classroom and given a presentation like this."  
- A peer mentor



Continued Partnerships  
New Programming in 2022-2023



"TNP was easy to connect with and provided life-saving information."  
- A student